

Run

Exit Benedict Park

Right onto 17K

Left on Albany Post

Right onto Searsville Rd (North, East, not sure)

Slight Right to Willow Ln

Right onto River Rd

Right onto 17K

Left onto Parsonage Farm Rd

Stright through trail to park

Bike

Exit Benedict Park

Right onto 17K

Slight left to River road

Right onto St rt 52

Right at light onto 52

Left at fork to 52

Right on Berea Rd

Straight on Berea Rd

Right onto 17K

Left onto Bracken Rd

Left onto St Rt 208

Straigh on 208 to Clark Place

Right on Clark Place

Straight to Maybrook Road

Right to Old Neely Town

Straight to Beaver Dam Road

Left on Goodwill Road

Right onto Goodwill Rd

Left onto Clinton Street

Straight to Clinton Street

Right to Bridge Street

Straight on 17K Left to Benedict Farm Park

end at Kayak launch,

Kayak 1.5mi total